

Patient Information	Specimen Information	Client Information
DOB: AGE: Gender: Phone: Patient ID: Health ID:	Specimen: Requisition: Lab Ref #: Collected: Received: Reported:	

COMMENTS: FASTING: YES

Cardio IQ®

Test Name	Current		Risk/Reference Interval				Historical
	Result & Risk		Optimal	Moderate	High	Units	Result & Risk
	Optimal	Non-Optimal					
APOLIPOPROTEINS							
APOLIPOPROTEIN A1	115		>=115	N/A	<115	mg/dL	
APOLIPOPROTEIN B		120	<80	80-119	>=120	mg/dL	
APOLIPOPROTEIN B/A1 RATIO		1.04	<0.77	0.77-0.95	>0.95		

For details on reference ranges please refer to the reference range/comment section of the report.

4myheart Diet & Exercise Coaching Program: Need help achieving and maintaining an optimal weight? Managing stress? Trying to improve physical fitness levels? The 4myheart program provides support and personalized lifestyle guidance to help improve heart health. Please talk to your provider, visit 4myheart.com or call 1-800-432-7889 opt 2 to learn more.

Medical Information For Healthcare Providers: If you have questions about any of the tests in our Cardio IQ offering, please call Client Services at our Quest Diagnostics-Cleveland HeartLab Cardiometabolic Center of Excellence. They can be reached at 866.358.9828, option 1 to arrange a consult with our clinical education team.

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Reference Range/Comments				
Analyte Name	In Range	Out Range	Reference Range	Lab
APOLIPOPROTEIN B		120	52-109 mg/dL	EZ
Risk: Optimal < 80 mg/dL; Moderate 80-119 mg/dL; High > or = 120 mg/dL Cardiovascular event risk category cut points (optimal, moderate, high) are based on National Lipid Association recommendations - Davidson et al. J Clin Lipidol. 2011;5:338				
APOLIPOPROTEIN A1	115		94-176 mg/dL	EZ
Risk, Male: Optimal > or = 115 mg/dL; High < 115 mg/dL Risk, Female: Optimal > or = 125 mg/dL; High < 125 mg/dL Cardiovascular event risk category cut points (optimal, high) are based on the AMORIS study, Walldius and Jungner, J Int Med. 2004;255:188				
APOLIPOPROTEIN B/A1 RATIO	1.04			EZ
Risk, Male: Optimal < 0.77; Moderate 0.77-0.95; High > 0.95 Risk, Female: Optimal < 0.63; Moderate 0.63-0.78; High > 0.78 Cardiovascular event risk category cut points (optimal, moderate, high) are based on the AMORIS study, Walldius and Jungner, J Int Med. 2006;259:493				